

Research Ideas on the Evaluation of Ideological and Political Education in College Football Courses under the Background of Ideological and Political Education

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Abstract

In order to promote the reform and innovation of ideological and political courses, with the construction of football courses in universities as the starting point, the whole process, all aspects, and all staff participate in creating an educational environment, forming a joint force of "big ideological and political courses", promoting the integration of ideological and political education into the mind and heart, and comprehensively improving the effectiveness of ideological and political education. Comprehensively promote the construction of ideological and political education in the curriculum, guide students to establish correct outlooks on life, values, and the world. This article is based on the background of ideological and political education in the curriculum, studying the value of ideological and political education in college football courses, mainly reflected in three aspects: first, adhering to the combination of value orientation and knowledge transmission; Secondly, we must adhere to the unity of leadership and subjectivity in development; The third is to adhere to the fundamental task of implementing "cultivating virtue and nurturing talents". Based on this, the article suggests further promoting the development of practical strategies for football courses in universities under the background of ideological and political education in the curriculum. Reforms should be carried out through strategies such as building football courses, building a high-level teaching team, establishing sound scientific systems, innovating teaching methods, and improving the assessment methods of the teaching system.

Keywords

Big Ideological and Political Course; College Football; Course Ideological and Political Education; Teaching Evaluation.

1. Introduction

In July 2022, the Ministry of Education and ten other departments issued the Work Plan for Comprehensively Promoting the Construction of "Great Ideological and Political Courses", further clarifying the important position of ideological and political courses in the overall strategy of the Party Central Committee's governance of the country. [1]The construction of the "Great Ideological and Political Course" is a systematic project that covers multiple aspects such as curriculum, textbooks, teachers, and guarantees. How can schools do a good job of the "Great Ideological and Political Course", fully mobilize the forces and resources of the whole society, build a "Great Classroom", build a "Great Platform", and build a "Master Talent", promote the combination of ideological and political small classrooms and social large classrooms, promote the alignment of various courses and ideological and political courses, and educate and guide students to become new generations worthy of national rejuvenation? The author believes that promoting the construction of the ideological and political curriculum system is a crucial part.

2. The Construction of the Ideological and Political Element System in the Football Curriculum of Two Universities

2.1. Composition of Ideological and Political Elements

The ideological and political elements in college football courses can be explored from four aspects: teaching equipment and venue environment, teaching content and teaching effectiveness, teaching objectives and practical matches, and the interaction between college students and the external environment. At the same time, universities should analyze the educational significance and value reflection, corresponding ideological and political connotations, and corresponding functions contained in the professional elements of university football courses; Assign appropriate names to ideological and political elements to complete their construction. The ideological and political elements and their corresponding functions in college [2].

2.2. Correspondence and Explanation of Ideological and Political Elements and Professional Elements

2.2.1. Exploring Ideological and Political Elements from Teaching Equipment and Venue Environment

In football teaching, the teaching environment includes teaching venues and equipment facilities, including balls, stadiums, goals, nets, court lines, etc. These contents can be excavated and integrated with relevant ideological and political content in the teaching process, educating and guiding college students.

For football, ideological and political elements can be constructed from two aspects: its appearance and elasticity. One of the characteristics of football's appearance is its roundness, which is associated with roundness and humility. This can be approached by famous phrases such as "Humility and Humility" and "Humility makes progress, pride makes backwardness" by Zhu Xi of the Southern Song Dynasty, providing ideological and moral education for college students. The second characteristic of the appearance of football is its inner emptiness. "Therefore, what is beneficial and what is useless". Each piece of football's leather is connected together, which is called "existence". With the shape of "existence", it gives people the possibility and convenience to play football; In the middle of "existence" is "nothingness", which means emptiness. With the characteristic of "nothingness" in football, it provides the foundation and role for the further development of football. As the saying goes, internal and external forms and "existence and non existence coexist". Without the existence of "non existence", the value of "existence" cannot be presented, and "existence" exists because of "non existence". The characteristic of football elasticity is that the football before inflation is hollow and quiet, while the football after inflation has good elasticity, jumping high and fast. According to Lu Yuanzhen's (2005) research, the ball has an unstable structure and can undergo displacement with just a slight touch^[3]. A ball is another type of object that is very easy to stabilize, and can change from dynamic to static and from static to dynamic at any position. The stillness and movement of football can be expressed through phrases such as stillness like a virgin and movement like a rabbit, indicating that things in the world can be explained from both positive and negative aspects in terms of the relationship between stillness and movement. At the same time, the emptiness and fullness of football happen to be similar to the low and high points of life. If the famous phrase "poverty leads to solitude, prosperity leads to prosperity" is matched with emptiness and fullness to explain the philosophy of life, it is appropriate to carry out education on ideals and beliefs. When in poverty (i.e. in a state of emptiness and emptiness), one can only go far after reaching (i.e. in a state of fullness). Football is like this, people are like this, and the country and nation are even more like this. After decades of concealing oneself,

there are times when one can hold their head high and hold their chest high. The inheritance of national spirit can also be explained from this perspective.

The ideological and political elements in the stadium can be elaborated from two aspects: square and circle. The football field is rectangular, with a circular center and an outer and inner circle, implying the idea of "wisdom desires its roundness, action desires its squareness." "Fang" is the world view of Fangzheng, and "Yuan" is the methodology of Yuanrong. Fang, the ideal realm of personality cultivation in Chinese Confucianism; Circle, the knowledge of Chinese Taoism that is constantly changing and in line with the times - the mutual inclusiveness of circles and squares, the complementarity of Confucianism and Taoism, the presence of circles within squares, the presence of squares within circles, and the combination of squares and circles constitute the main spirit of traditional Chinese culture. This is also the ideal moral realm that Chinese people pursue in life. In addition to squares and circles, there are also arcs and semicircles in the football field, which are the quarter circle of the free throw arc and corner kick area. The analogy between an arc and a semicircle with the same central circle can be extended to mean incompleteness and completeness^[4]. Traditional Chinese culture advocates perfection, pursues harmony, and also accommodates incompleteness. Only imperfection is true, and only dissatisfaction is perfection. When exploring ideological and political elements, we can extract the different meanings of the arc and circle marks on the court and extract the philosophy of different states in life, thereby educating and nurturing college students with excellent traditional Chinese culture.

2.2.2. Exploring Ideological and Political Elements from Teaching Content and Teaching Effectiveness

There are various types of football techniques, with different areas and parts of the body, especially the feet, in contact with the ball, resulting in a diversity of football techniques. However, overall, there is a requirement in football learning and training, which is to integrate the human and the ball, achieving a holistic awareness of unity between humans and football, and unity between things and oneself. To achieve this level, it is necessary to comply with the laws of football technical training, which is similar to the unity of heaven and man in Chinese excellent traditional culture. Here, "heaven" refers to natural laws, and from the perspective of football technical learning, it is the laws of football technical skill learning and training. ^[5]The unity of heaven and humanity is the unity of Dao and nature; The unity of human and ball is to respect the laws of training. The two concepts are different, but the principle of "Dao" is the same. Exploring ideological and political content in sports skills can serve as a starting point for learning football skills and tactics, guiding college students to have a correct understanding of the relationship between theory and practice. College students have acquired a certain amount of theoretical knowledge, as well as an understanding of how to play football and how to complete corresponding technical actions and tactical coordination. However, these situations are completely different from being able to practice by example. Therefore, the combination of theory and practice, promoting action through knowledge and seeking knowledge through action, "the clearer the knowledge, the more steadfast the action; the more steadfast the action, the more clear the knowledge", striving to achieve the unity of knowledge and action is particularly valuable.

In college football courses, whether it is the ability to learn and apply individual skills, or the tactical coordination of two or more people, to master proficiently, it is necessary to constantly repeat, repeat, and repeat. During this process, there is both physical fatigue and injury, mental fatigue, and psychological withdrawal. Cultivating the willpower and personality traits of college students who are willing to endure hardships and resilient is the most appropriate ideological and political element in learning and training. Due to gender and physical differences among college students, their cognitive, thinking, and comprehension abilities differ. When learning a new technology, for most college students, the complexity and simplicity of

actions, the difficulty and ease of movement, and the degree of setbacks encountered also vary. When learning these movements, college students need to coordinate their psychology and body well, overcome timidity in practice, and thus form the quality of being brave and tenacious when facing setbacks without retreating.

2.2.3. Exploring Ideological and Political Elements from Teaching Objectives and Practical Competitions

Modern football has undergone over a hundred years of development, with a greater emphasis on fair and just sports ethics in matches, a competitive spirit and fighting courage that is not afraid of strong opponents and dares to fight, a spirit of unity and cooperation, and a spirit of contract that abides by rules.

The unremitting pursuit and expectation of fair and just sports ethics is the most genuine desire in the hearts of all people who intersect with sports. In "The Great Learning," it is said that virtue is the foundation. The virtue referred to here not only refers to the traditional sense of morality, but also to the patriotism that is felt in the transparency of life. Virtue, as a spiritual inner quality, has unique value characteristics and is indispensable in the formation of personal ideological concepts.

Comrade Mao Zedong mentioned in "A Study of Sports" that sports carry knowledge as a vehicle and moral as a dwelling; Without body, without virtue and wisdom. He regards the human body as two carriers, one is the carrier and storage of knowledge, and the other is the carrier and platform of morality. In sports, absolute victory is not an independent process, it is a carrier of education. A country is not prosperous without virtue, and a person is not upright without virtue. In the football curriculum of universities, we should adhere to the principle of putting education first and moral education first, and educate and guide college students to cultivate and practice the values of excellent traditional Chinese culture;^[6] It is necessary to integrate theoretical interpretation, value guidance, and spiritual shaping, clarify the viewpoints and methods contained therein, and enhance the ideological, theoretical, and ethnic identity of college students.

The spirit of unity and cooperation has always been an excellent moral quality praised and appreciated in football. For college football courses, football is not only a sport, but also education. The foundation of football development lies in education. Universities emphasize the moral education function of football courses in universities, fully utilizing ideological and political elements such as unity and cooperation, making football a lifelong hobby of college students, and promoting their comprehensive development. Football is a collective activity, and the process of its movement involves the cooperation and cooperation of 11 players on the field. Individualism must be based on obeying the interests of the team. Learning football skills and techniques in college football courses can not only showcase individual abilities, but also cultivate a team spirit of cooperation with teammates and coaches; This kind of cooperative relationship exists not only between team members, but also between team members and coaches, and even between team members and opponents. The fact that both parties have achieved mutual success objectively facilitated this cooperative relationship. Therefore, football has played a positive guiding role in promoting the spirit of collectivism in correctly handling the relationship between personal interests and collective interests among college students, and has also provided specific explanations for patriotism and harmony in the socialist core values.

The development of football courses in universities can encourage college students to participate in competitions and enjoy sports fun, learn to abide by rules and respect opponents, which is beneficial for them to develop a united, tolerant, and confident personality. At the same time, it can also reflect the important significance of football teaching in cultivating morality and talent.

2.2.4. Exploring Ideological and Political Elements from the Interaction between College Students and the Sports Environment

Exploring ideological and political elements from the interaction between college students and the sports environment not only conforms to the professional characteristics of college football courses, but also highlights the moral education function of professional courses; By tapping into the ideological and political education resources of professional courses, ideal beliefs can be rooted in football courses in universities, achieving resonance between knowledge and value, aligning ideological and political content with the direction and goals of professional course education, and forming a synergistic effect of moral education.

In ethics, virtue generally refers to the relationship between people. So only by forming relationships between people can morality be formed, including the core factors of moral experience paths.^[7] Sports ethics are formed and developed under the influence of morality in the sports relationships between people, and are a reflection of people's sports behavior and consciousness. For example, in college football courses, following the guidance of teachers and cooperating with teammates during passing, receiving, and running; In formal sports competitions, competition with opponents, tactical cooperation with teammates, communication and exchange with referees, etc. In these scenes, college students are constantly in contact with the people and environment around them, including not only the rules of competition that must be followed, but also some potential moral norms and ideological concepts. During the practice process, college students have a cooperative and competitive relationship with their teammates on the same team; In actual competition, college students and their opponents have both competitive and achievement relationships with each other. The relationship between referees and team members is interdependent, and the presence of team members allows referees to recognize norms and demonstrate sports ethics; The presence of referees enables the smooth progress of the game and the execution of rules by the team members. This kind of conflict, difference, and necessary competition between team members, teammates, opponents, and referees is limited to an interdependent unity of opposites. It is the basis for preventing the destruction of the common existence of different roles due to excessive conflict and struggle. It constructs its own moral system through the coordination of four basic moral relationships: human and self, human and others, human and society, and human and nature. In the process of development, it has been internalized into people's thinking patterns and behavioral patterns, providing guidance for people's lives.

3. Construction of an Evaluation System for Ideological and Political Education in Football Courses in Three Universities

3.1. Increase the Training of Scientific Research Teachers for Ideological and Political Education Courses

Strengthen the cultivation and construction of scientific research teachers for ideological and political education in school courses, establish long-term teaching goals, enhance the ability and awareness of teachers in ideological and political education, establish a sound system and system for ideological and political education in courses, and make "cultivating morality and nurturing talents" the standard for evaluating ideological and political education in courses. As an important component of football teaching, the personal consciousness and professional ability of teachers will become a direct factor affecting the development of ideological and political education in the curriculum. Therefore, it is very important to strengthen the cultivation of teachers' teaching staff. Firstly, enhance the theoretical learning of ideological and political education in teacher courses, and integrate ideological and political education into football teaching. For example, conducting a variety of seminars and offering different types of seminars. Secondly, actively mobilize teachers to participate in research on curriculum

ideology and conduct theoretical training sessions on diversified curriculum ideology and politics. Finally, in the process of teacher training, basic training, intermediate training, and advanced training can be set up according to the needs of different teachers to enhance training effectiveness.

3.2. Establish Effective Systems to Meet Teaching Needs

Combining sports teaching for diversified evaluation, developing innovative thinking teaching, and better applying ideological and political education to football teaching. Firstly, expand the teaching resources of ideological and political education to better integrate into football teaching; Secondly, strengthen the research methods of practical strategies, develop and innovate educational concepts and methods;^[8] Thirdly, strengthen teachers' theoretical learning of curriculum thinking and establish a strong teaching staff. Fourthly, adopting diversified teaching methods to enhance students' interest in learning and encourage them to actively integrate into the curriculum.

3.3. Innovative Teaching Models and Methods

Combining diversified forms of physical education teaching, constantly innovating, exploring, and improving physical education teaching methods, targeted exploration and reform of teaching forms, and realizing the value orientation of curriculum ideological and political education in physical education teaching. For example, teachers can use modern teaching methods such as flipped classroom, micro classroom, Learning Link, and WeChat official account to deepen students' deep understanding of ideological and political courses, improve their own ideological and moral qualities, and finally strengthen students' ideological and political theoretical awareness.

3.4. Improve Teaching System and Assessment Methods

Assessment and evaluation is the most intuitive way to understand the teaching and learning situation of teachers and students in the classroom, and it is also conducive to enhancing the initiative and enthusiasm of students in football learning. Therefore, improving the assessment methods of teaching can effectively enhance the quality of football course teaching. Firstly, in the evaluation system of football courses, students' performance in class, mastery of skills and tactics, as well as their performance in group competitions are included in the evaluation system. For example, teachers can consider football matches as a bonus item in the entire score, thereby promoting students' attention to football courses and improving the quality of football teaching. Secondly, when evaluating the ability of students to master skills and tactics, teachers should focus on reflecting the fairness of the evaluation. Different assessment standards should be formulated for students of different genders to make the assessment standards more accurate and fair, in order to improve students' confidence. Finally, teachers should further understand the basic practical situation of each student, develop corresponding learning plans for students at different levels, timely correct their shortcomings, strengthen their initiative in learning football courses, and fully mobilize their enthusiasm for learning and training.

4. The Effectiveness of Ideological and Political Education in Football General Courses

Firstly, the development history of football can help students understand the evolution and development process of football from ancient times to the present. By studying the origin, development, and dissemination of football, it can help cultivate students' respect and understanding of football history and tradition, as well as understanding the evolution and influence of football in different cultural backgrounds; Secondly, by studying football culture, students can understand the differences in football culture among different countries, the

status and influence of football in society, and the expression of football in art, music, and literature. This helps to cultivate students' cross-cultural communication and appreciation abilities, improve their cultural literacy, and enable them to better integrate and understand football activities in different cultural backgrounds; The spirit of football is one of the key elements in cultivating students' moral character and talent. Through the learning and practice of football, students can cultivate values of teamwork, mutual assistance, competition, perseverance, struggle, and fair competition. These football spirits are not only reflected in the game, but also make them stronger, braver, and more united in the face of difficulties; By studying the tactical theory, tactical arrangement, and game strategies of football, students can improve their technical level and tactical awareness, which cultivates their judgment, decision-making, and execution abilities, as well as strengthens their confidence and self-discipline; By learning the rules of football, students can understand the conduct of matches and judge the referee's decisions, which helps cultivate their qualities of abiding by rules, respecting referees, and fair competition, making them law-abiding citizens; By learning and understanding the stories and achievements of football stars, students can gain inspiration and motivation from role models, which will inspire them to work hard and pursue their dreams, cultivate their perseverance and spirit of self transcendence;^[9] Finally, paying attention to football matches can help students understand different levels and types of matches, learn about event organization and management, experience the atmosphere of matches, and the importance of teamwork. This has a positive impact on cultivating students' team awareness, leadership skills, and spirit of cooperation.

5. Reflection on Ideological and Political Education in 5 Football Courses

In the process of football teaching, integrating ideological and political education has important practical significance and contemporary value. The exploration of integrating ideological and political education into football general courses by teachers is scientific and artistic. Ideological and political cases should be both scientific and reasonable, while also allowing students to empathize and attract their attention. Only by resonating with students can we achieve twice the result with half the effort. Sharing hot news topics with students in football class, teachers will be the first to see their reactions and receive feedback from students. This requires football teachers to have an open mindset and broad perspective, have sharp insights into these hot news topics, and integrate them into classroom knowledge dissemination through effective channels. Football teaching involves a wide range of professions and audiences, and teachers actively communicate and exchange ideas with other courses and professional teachers, or collaborate in lesson preparation to explore and update ideological and political elements. Closely linking personal development with national development and national rejuvenation throughout the entire process of teaching and education. Only by integrating ideological and political education into football teaching in a reasonable way can we truly stimulate students' love for football, enable them to continuously absorb spiritual power from football, acquire excellent willpower, and become useful talents for the country.

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